

Wellness Committee Meeting Agenda
Thursday, Dec. 15, 2016

- I. Welcome/Introductions
- II. Evaluation/Review of current wellness program
- III. Evaluation/Review of current wellness board policy
- IV. Goal Setting for 2016-17
- V. Future meeting date

Committee Members:

Vince Sette

Sandy Hadsell

Karen O'Hare

Amy Merda

Rachel Schmidt

Lance Larrison

Jim Glessner

Debbie Rupp

Deb Winkler

Tammy Rastorfer

Norwayne Wellness Committee Minutes

December 15, 2016 3:00 PM

The Norwayne Wellness Committee met on Thursday December 15, 2016 at 3:00 PM in the High School Conference Room. The following members were present:

| | | | |
|-----------------|----------------------|----------------|--------------------------------|
| Debbie Rupp | Parent | Lance Larrison | Student |
| Rachel Schmidt | Student | James Glessner | Health & Phys Ed Teacher |
| Tammy Rastorfer | Elementary Head Cook | Amy Merda | Dietician |
| Karen O'Hare | Superintendent | Vince Sette | Elementary Assistant Principal |
| Sandy Hadsell | Treasurer | | |

Deb Winkler, High School Head Cook was unable to attend.

Mrs. O'Hare led introductions and thanked everyone for volunteering to be part of this committee. She shared copies of current board policies regarding wellness, and physical education.

Amy Merda gave a brief history of the wellness provisions and requirements as authorized by the National School Lunch Program in 2006. Reauthorization is scheduled to take place in 2017. Norwayne has an administrative review of the school lunch program scheduled for 2017. Part of that review will focus on our wellness policies and programs. The 2017 review will focus on our policies and committee goals. Another review will be conducted in 2020 to determine how well the district is following the policies and to determine if the district is achieving those goals.

The committee reviewed the current policies and Amy shared some templates for developing and revising those policies to comply with the NSLP requirements. She also gave reference to several websites for committee members to refer to. She mentioned that the HUSSC Grants are available from the US Department of Agriculture for districts who are successfully adopting and implementing wellness plans. Amy also shared a "Smart Snacks" information sheet that could be used to inform staff and students to make healthier snack choices.

The committee determined that three goals would be set for the current school year.

#1 The committee would conduct surveys from staff and students to determine what wellness education is already being implemented and to determine what future needs would be.

#2 The Committee would distribute the "Smart Snacks" information to staff and students in paper form and post the information on the district website.

#3 The Committee will revise the current policies into a single page format and post the revised policy to the school website with links to the "Smart Snacks" information and to the County Line Trail App developed by students.

Respectfully submitted by Sandy L Hadsell, Treasurer