

Norwayne Wellness Committee Minutes
May 13, 2021

The Norwayne Wellness Committee met on Thursday, May 13, 2021 at 4:00 pm in the high school conference room. The following members were present:

Karen O'Hare	Superintendent	Kevin Leatherman	Middle School Principal
Doug Zimmerly	High School Principal	Sandy Hadsell	Treasurer
Dave Dreher	Elementary Principal	Vince Sette	ES Assistant Principal
Deb Winkler	HS Head Cook		

Mrs. O'Hare thanked everyone for volunteering to be part of this committee. She reviewed the minutes of the February 26, 2020 meeting. The June 2020 meeting was cancelled due to COVID and all other meetings for 2021 have not been scheduled due to COVID.

COVID protocols for mask wearing, distancing, and disinfecting of facilities have been followed all year, and Mrs. O'Hare thanked the efforts of staff, parents, and students to keep our number of cases to a minimum.

Committee members discussed a number of wellness events that have taken place in spite of COVID.

The Middle School initiated the Second Step Program for students which deals with social and emotional problems. This program will be extended to the elementary in FY22.

Kevin Philyaw obtained a grant through the Aultman Ambassadors to purchase and distribute bike helmets to first grade students. He also updated the wellness page on the school website with several links to wellness guides for students and parents.

Abby Vantyne led the staff weight loss challenge this spring and final results will be released at the end of next week.

The HPAC Group held their "Moovin' on the Trail" fun run last fall following COVID prevention guidelines, and are planning additional events for this summer and fall. Virtual options were added to allow participants to participate individually.

Anazao counseling services were implemented at the elementary, and expanded at the high school and middle school using Student Wellness Grant Funds.

Employees are encouraged to utilize the wellness services of the Jefferson Health Plan Health Reach Program. This service provides online connections to Doctors, Nurses, Counselors, and dieticians to help manage weight loss, diabetes, emotional needs, or other medical conditions.

Board Policies on Wellness, Nutrition, and Physical Education were reviewed and discussed.

The next Wellness Committee meeting was scheduled for March 9, 2022 at 4:00 pm in the high school library.

Respectfully submitted by Sandy L. Hadsell, Treasurer