

Norwayne Wellness Committee Minutes  
February 26, 2020

The Norwayne Wellness Committee met on Wednesday, February 26, 2020 at 4:00 pm in the high school library. The following members were present:

Debbie Rupp	Parent	Karen O'Hare	Superintendent
Kevin Leatherman	Middle School Principal	Doug Zimmerly	High School Principal
Sandy Hadsell	Treasurer	Kevin Philyaw	Phys. Ed. Teacher
Halle Miller	Student	Vince Sette	ES Assistant Principal
Deb Winkler	HS Head Cook	Tammy Rastorfer	ES Head Cook
Ashley Goddard	Parent		

Mrs. O'Hare led introductions and thanked everyone for volunteering to be part of this committee. She reviewed the minutes of the December 11, 2019 meeting.

Board Policies on Wellness, Nutrition, and Physical Education were reviewed and discussed. Discussion centered around procedures we are already doing, and procedures we need to improve upon. Procedures involving Smart Snacks in Schools was reviewed. Questions were raised about using vegetables grown in the FFA Greenhouse. Much of what they are growing in the greenhouse is for starter plants to be sold for gardens.

Halle Miller discussed the activities of the HPAC student group, reported on the fall 5K run and walk, and updated the committee on future events.

Ashley Goddard suggested that we could do a survey of staff and students about wellness topics, and to offer suggestions on wellness ideas that could be added. Committee members were to brainstorm for questions to be included in the survey and send those to Ashley or Mrs. O'Hare.

Sandy Hadsell updated the committee on the Student Wellness Grant funds that were received for FY20 and FY21. These funds will be used to improve our counseling services at all three buildings. Agreements with Anazao, and Encompass are being drafted to increase the number of clinical counselors available to the district. These funds can also be used to provide some group counseling opportunities for students.

Members were encouraged to think of some goals to set for the wellness program in the 2020-21 school year, and bring those ideas to the next wellness meeting.

The next Wellness Committee meeting was scheduled for June 15, 2020 at 4:00 pm in the high school library.

Respectfully submitted by Sandy L. Hadsell, Treasurer